



Oregon Hunter Education Instructors Association (OHEIA)

JUNE 2024

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FROM THE DESK OF OHEIA PRESIDENT

Hunter Ed instructors,

Dear fellow members

It is with great news that the board has decided to implement raffling items online as well as in person. We look forward to all instructors being able to purchase many many raffle tickets either online or in person. As soon as the board decides what kind of firearm will be raffled off, our secretary treasurer will set up the system for purchasing your raffle ticket. You will be able to access that through our oheia.org webpage when that goes live. I encourage you to buy as many raffle tickets as possible. Also send all your friends and relatives to the link.

It is very important that these raffle tickets be sold and bought so that we as an organization can assist our fellow instructors in enhancing their capabilities to further educate more hunters.

Please support your local board members by encouraging other instructors to become members of OHEIA.

Send your ideas and comments to me at jimmarquardt@gmail.com. Or send me a text message at 541 969-4845.

Your President, Jim Marquardt

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WORDS FROM YOUR CENTRAL OREGON DIRECTOR WHITNEY BEAVER

Jefferson county held a field day April 27th. There were 34 students in attendance. It was a beautiful day to be outside learning about Hunters Safety. Delaney (9 months) was there as our youngest volunteer.



Recipe provided by Ginny Minson

Chili

- 2 pounds lean ground beef
- 1 onion diced
- 1 jalapeno seeded and finely diced
- 4 cloves garlic minced
- 2 ½ tablespoons chili powder (<https://www.spendwithpennies.com/homemade-chili-powder/>)
- 1 green bell pepper seeded and diced
- 14 ½ ounces crushed tomatoes canned
- 19 ounces kidney beans canned, drained & rinsed
- 14 ½ ounces diced tomatoes with juice
- 1 ½ cups beef broth
- 1 cup beer
- 1 tablespoon tomato paste
- 1 table spoon brown sugar optional
- salt and pepper to taste

- Combine ground beef and 1 ½ tablespoons chili powder.
- In a large pot, brown ground beef, onion, jalapeno, and garlic. Drain any fat.
- Add in remaining ingredients and bring to a boil. Reduce heat and simmer uncovered 45-60 minutes or until chili has reached desired thickness.
- Top with cheddar cheese, green onions, cilantro or other favorite toppings.

GRANT OPPORTUNITIES

OHEIA members are qualified to apply for grants for supplies or other hunter ed related items to enhance your teaching or teaching team.

You **MUST** be an OHEIA member to receive a grant. Matching grants are preferred. Find the grant application at <http://oheia.org/grantapplication.pdf>

And email or snail mail it to your OHEIA secretary/treasurer, Darlene Marquardt at

darlene.marquardt@gmail.com or 827 N. 5th Street, Athena, Oregon 97813

WE ENCOURAGE ALL ODFW VOLUNTEER HUNTER EDUCATION INSTRUCTORS TO BECOME MEMBERS OF THEIR ORGANIZATION, Oregon Hunter Education Instructors Association.

FROM YOUR SOUTHWEST DIRECTOR
STEVE GRANGER

Hello ODFW Instructors,

It's Steve Granger, your OHEIA Southwest Director out of Roseburg, Oregon. I'm responsible for Coos, Curry, Douglas, Jackson, Josephine, and Lane counties.

This is a good time of year to be working on getting your instructors and class routine ready. Working with and training new instructors. Making sure your firearms are cleaned and your stations are ready to go. Going over all your equipment and supplies. We all know the busy time is coming.

As the Southwest Director please let me know if I can do anything to help assist you. If you are in need of regular class equipment or special class equipment that is not provided that you would like, let me know so we can talk about it. We should try and provide the best classes we can as instructors.

For my classes I added inexpensive scopes to my .22 rifles. That made a big change in student excitement. I also added a little shooting competition at the end. This made it more exciting for the students and the instructors. Our classes need to be fun for the students and the instructors.

If you have ideas that you have added to your classes that work, I would love to hear about them. Send me an email or give me a call.

Don't forget, if you need help with classes, get the word out. Let us know and let your Area Coordinator know that you need help. Your Area Coordinator can put the word out in their county. Some instructors have no problem going outside their county. You just need to get the word out. We all need to work together and have good communication.

Keep up the great work!

Steve Granger

OHEIA – Southwest Director



NEWSLETTER SUBMISSIONS WANTED

If you have a photo or a recipe or any interesting information about your classes or one of your instructors, send it to our newsletter editor, OHEIA secretary, Darlene Marquardt at darlene.marquardt@gmail.com.

YOUR NORTHWEST DIRECTOR
JOEL GLASS

Summer is upon us! Well soon. Time for retriever training, recreational shooting and campfires.

We can't forget field days though. Columbia county, with help of some new instructors, for example has Field Days scheduled June 28th, August 18 and September 22. Field days are a great opportunity for nice summer weather.

Lastly, just a reminder to beware of your fire safety in the field always, but also in your shooting area for classes. Pay attention to local fire safety levels in your zone. Take appropriate precautions for guns and cars that may park nearby. I will also encourage you to reach out to your local fire district or other EMS provider, if they are a volunteer fire department. Let them know ahead of time the location and time of your field day, the range too if a separate location. They may have suggestions for you to make it fire safe.

Keep the dream alive folks.

Joel

Joel R. Glass elkfish@msn.com

Need a quick link to give folks who want to sign up for your class?

Send them to: <https://myodfw.com/articles/hunter-education-classes-field-days>



FROM THE KITCHEN OF YOUR NORTHEAST DIRECTOR
LAURA ANDERSON

Spring Bear Barbacoa
(Recipe adapted from Harvesting Nature)

Prep time: 10 mins
Cook time: 4 hours
Serves 4-6

Ingredients:

3-4lb bear roast
2 tbsp chili powder
2 tsp ground cumin
2 tsp garlic powder
2 tsp paprika
1 tsp dried oregano
1 tsp onion powder
1/2 tsp salt
1/2 tsp pepper
1/2 tsp red pepper flakes
3 cloves garlic
1 yellow onion, diced
1 orange, juiced
3 limes, juiced
2 cups bone broth
4 chipotle chilies in adobo



illustrations of.com #1313831

Preparation:

Combine chili powder, cumin, garlic powder, paprika, oregano, onion powder, salt, pepper, and red pepper flakes in a sealable bag and season bear roast generously. Leave bag in fridge overnight.

When ready to cook, preheat pellet grill to 225F.

Place bear roast directly on the grill and cook for 1 hour.

Remove roast from grill and place in a large dutch oven with garlic, orange juice, lime juice, bone broth and chipotle chilies. Cover and place back on the grill. Cook for 3-4 hours or until fork tender. Add more bone broth throughout if needed. Internal temperature of the meat should be 205F when finished.

Remove roast from grill and remove from braising liquid. Shred the bear using two forks and pour a bit of the braising liquid back onto the meat.

Serve with corn salsa for street tacos or with rice and toppings for a burrito bowl.

FROM YOUR IMMEDIATE PAST OHEIA PRESIDENT GREG BARRON

BE "TICK" AWARE

BY GREG BARRON, MANAGER
NORTH MORROW VECTOR CONTROL DISTRICT



Ixodes pacificus
(Western-
Blacklegged
Tick)

This winter was relatively mild and uneventful which equates to an early and abundant tick season in Oregon. People have been calling me about ticks after finding them on themselves, children and pets. I have been out doing surveillance work collecting ticks for the Oregon Health Authority and have had no problem finding them in my traps and on myself.

My colleague in Jackson County has been collecting ticks since February and has already isolated Lyme disease *Borrelia burgdorferi* in the tick *Ixodes pacificus* better known as the Western Black-Legged Tick or deer tick in that region. This species of tick is present in Western Oregon and along the Columbia River in lower elevations. It is believed that one to five percent of the Western Black-Legged Ticks actually carry the bacterium responsible for Lyme disease.

Here on the east side of Oregon we predominately have *Dermacentor variabilis* better known as the American Dog Tick which can transmit Rocky Mountain Spotted-Fever and Tularemia. They prefer to feed on dogs, rodents and other large animals, but will definitely find their way to a human host. Another rather nasty tick found in Eastern Oregon is the *Dermacenter andersoni* better known as the Rocky Mountain Wood Tick. This tick can transmit Rocky Mountain Spotted-Fever, Colorado Tick Fever, Tick Relapsing Fever, and Tularemia. Another rather nasty condition that these ticks can cause is Tick Paralysis where the host will actually "go down" and be paralyzed after this species of tick embeds itself into its host. It is vital that the tick be removed soon after this symptom happens, or death could occur. If the tick is removed the host will generally recover within 24 to 72 hours.



Dermacentor variabilis
(American Dog
ticks)

The main way to not have a tick encounter is to avoid them. That is not an option for most of us as outdoor enthusiasts. Remember that ticks in Oregon are active primarily in the spring and summer, but also can be found in the fall. Bear and Turkey hunters can encounter "seed" ticks which are virtually impossible to see unless you have a magnifying glass. Check yourself for ticks more than once, these ticks in the "seed" nymph stage can even embed themselves between your eyelashes and can go unnoticed. Deer hunters will most definitely find ticks on their recently harvested game. Beware after the animal has expired, the ticks will leave that host to seek another more suitable "live" host which will probably be you!

Things to remember when afield in tick country: Be careful when walking in thick vegetation, ticks usually "crest" on the uphill side of a trail, wear a



Dermacentor
andersoni
(Rocky
Mountain Wood
ticks)

heavy-duty repellent with DEET as the active ingredient and tuck your pant legs inside of your boots and wear a hat.

While inspecting yourself for ticks what should you do if you find an embedded tick? If possible, have someone else remove the tick from your body, use tweezers or forceps rather than fingers (I prefer the really pointed tipped ones), grasp the mouth parts or head of the tick as close to the skin as possible, gently pull the tick straight out, steadily and firmly. The mouth parts of a tick are barbed, so don't be alarmed if a little bit of it breaks off into your skin. Always wash your hands and use an antiseptic to the bite area.

As a precaution, if you experience any of these symptoms after a tick bite like fever, headaches, fatigue, joint pain or an unusual halo ring or red rash on your skin seek medical attention immediately.

Remember, heading out into tick country doesn't have to be scary, just use good precautionary measures and common sense when going afield.

Helpful References:

<http://www.tickencounter.org/tick>

<http://oregonvma.org/care-health/dogs/lyme-disease>

<http://www.koin.com/meet-the-team/eileen-park/846696164>

<http://today.oregonstate.edu/archives/2010/jun/tick-information-available-oregon-state-university>

[Oregon Health Authority : Ticks : Acute and Communicable Disease : State of Oregon](#)

AND A RECIPE FROM GREG HOT HALIBUT DIP

RECIPE PROVIDED BY BREENA TOLAR, IRRIGON, OREGON

2 LBS. HALIBUT, COOKED AND FLAKED

2 MEDIUM CANS CHOPPED HATCH GREEN CHILES

1 8OZ PACKAGE OF CREAM CHEESE

1 TABLESPOON MINCED GARLIC

1 TABLESPOON JALAPENO JUICE (ADD WHOLE PEPPER SEEDED AND CHOPPED IF DESIRED)

1 CUP SHREDDED TILLAMOOK CHEDDAR CHEESE

1 CUP SHREDDED TILLAMOOK MONTEREY JACK CHEESE

2 CUPS DUKES MAYONNAISE

Combine the halibut, chiles, cream cheese, garlic, peppers, jalapeno juice, cheeses, and mayonnaise; place mixture in a crockpot and warm until cheeses are fully melted. Serve with chips or crackers. This makes a large quantity, so if you are NOT serving a lot of people, consider cutting the recipe in half. Enjoy with your favorite beverage!

THOUGHTS FROM YOUR SECRETARY/TREASURER

As I think about what I want to say to you, I reflect on the classes we've taught and the classes coming up. I realize that I truly love being able to instill in our youth the love for the tradition of hunting as well as emphasizing the importance of the ethics we must follow to become and remain a safe and responsible hunter. I hope that you share that love and passion. I also realize that banding together with people that share the same passion, is so important. It helps us become better instructors when we know that we have each other's backs. Our society is increasingly becoming less favorable toward the tradition of hunting and especially the use of firearms. It behooves us to stand together to enforce our second amendment rights as well as show the world that we are ethical and responsible as well as respectful. So, as we go about promoting and teaching our classes, remember we can and should help each other whenever we can.

Well, that pretty much sums up my thoughts on the matter. Thank you for taking on this very special task of teaching our youth and adults in this wonderful tradition of our forefathers, that of hunting.

IF YOU HAVEN'T RENEWED YOUR MEMBERSHIP, I ENCOURAGE YOU TO DO SO. PURCHASING A LIFETIME MEMBERSHIP MAKES THE MOST SENSE. IT'S ONLY \$200. SEND YOUR CHECK OR CC# INFORMATION TO OUR TREASURER BY FILLING OUT THE FORM ON THE NEXT PAGE AND SENDING IT OFF TO HER.



“The old man used to say that the best part of hunting and fishing was the thinking about going and the talking about it after you got back.” — Robert Ruark, *The Old Man and the Boy*

OHEIA is a non-profit organization founded to help provide training, communication, and support for Oregon's Hunter Education Instructors. We often participate in some way at ODFW conferences to help sponsor scholarships as well as having raffles to recoup our expenses and assist ODFW with scholarship endeavors.

Our mission is to assist hunter education instructors in obtaining relevant teaching aids to enhance safe, ethical and responsible firearms handling and hunting practices.

To further your support of hunter education in Oregon, consider joining or renewing your membership in the OHEIA. Help us promote and support hunter education in Oregon. Use the OHEIA to share ideas that will promote Hunter Education in Oregon. Thank you for making a difference. We are not directly affiliated with ODFW, but rather work in conjunction with them to help support you.

Our fiscal year runs from May through April of each year. Membership dues are due in May. Dues are not prorated if sent after May. By either renewing or joining at this time, your membership will strengthen the support our organization can give to Oregon Hunter Education.

PRINT AND SEND OR EMAIL

NAME _____	INSTRUCTOR NUMBER _____
ADDRESS _____	
CITY _____	STATE _____ ZIP _____
COUNTY YOU TEACH IN _____	
PHONE _____	EMAIL _____
YEAR/YEARS PAID May 20__ through April 20__	
PAYMENT METHOD CHECK # _____ CREDIT CARD \$ _____	
Check appropriate amount below: ___\$20.00 annual ___\$40.00 for two years, or ___\$200.00 Life membership	
Dues help strengthen hunter education and to assist my fellow instructors.	
Mail dues to Darlene Marquardt, 827 N 5 th Street, Athena, OR 97813.	
If paying by credit card:	
CC# _____	Exp. _____ CODE _____
SIGNED _____	DATE _____

Your Secretary/Treasurer, Darlene Marquardt.